

Pastoral Care for Post-traumatic Stress Disorder: Healing the Shattered Soul. Psychology Press, 2002. 9780789015426. DalÃ©ne C. Fuller Rogers. 122 pages. 2002

In her book *Pastoral Care for Post-Traumatic Stress Disorder: Healing the Shattered Soul*, Rev. Rogers' provides a much needed introduction to the problem of providing pastoral care to individuals suffering Posttraumatic Stress Disorder (PTSD). This twelve-chapter book defines PTSD, enumerates its symptoms and explores common manifestations of disease. She compellingly describes the spiritual impact of trauma via tradition Christian language but she seems overly dependant on traditional formulas of pastoral theology and pastoral care. Perhaps her most important contribution lies in her cha Post-traumatic stress disorder (PTSD) is a mental disorder that can develop after a person is exposed to a traumatic event, such as sexual assault, warfare, traffic collisions, child abuse, or other threats on a person's life. Symptoms may include disturbing thoughts, feelings, or dreams related to the events, mental or physical distress to trauma-related cues, attempts to avoid trauma-related cues, alterations in how a person thinks and feels, and an increase in the fight-or-flight response. These Stressing hope, healing, and compassion, *Pastoral Care for Post-Traumatic Stress Disorder: Healing the Shattered Soul* includes specific suggestions for the prevention of traumatic events and for using peacemaking techniques to stop violence in your clients' lives. methods for using scripture as a source of healing for PTSD survivors. *Pastoral Care for Post-Traumatic Stress Disorder* also defines PTSD from a mental health perspective and gives examples of the kinds of trauma that may lead to it. No one working with PTSD survivors in a spiritual setting should be without this book! Table of contents. chapter 1|12 pages. Defining Post-Traumatic Stress Disorder and Its Causes. View abstract. chapter 2|4 pages.