

Low Carb Slow Cooker Recipes / 256 pages / 2003 / Better Homes and Gardens Books (Firm), Kristi Thomas, Better Homes and Gardens / Meredith Books, 2003 / 9780696218958

Low-Carb Slow Cooker Recipes book. Read 4 reviews from the world's largest community for readers. A specially designed low-carb cookbook includes more than two hundred recipes for soups, stews, appetizers, and main dishes incorporating chicken, beef, pork, and lamb--all designed to be prepared in a slow cooker while the chef is doing something else. Original. 75,000 first printing. Low-Carb Essentials: Everyday Low-Carb Recipes You'll Love to Cook by George Stella. George Stella Low-Carb Essentials \$18. Shop. Perfect for: Anyone who thinks their slow cooker only makes braised meat. This book includes 120 delicious and inventive slow cooker recipes, plus guidance from nutrition, fitness, and wellness expert Pamela Ellgen. Recipe to try: Shepherd's Pie. 09 of 15. Eat Happy: Gluten Free, Grain Free, Low Carb Recipes for a Joyful Life by Anna Vocino. Anna Vocino Eat Happy \$30. Shop. 93 Best Easy Low-Carb Recipes With Tons of Flavor. Country Living editors select each product featured. If you buy from a link, we may earn a commission. More about us. 90+ Healthy Low-Carb Recipes That Are Packed With Flavor. Did someone say blackberry glaze chicken? By Christopher Michel. This quick stir-fry includes chunks of boneless chicken thighs and tender vegetables in a mild ginger sauce. Skip the rice for an extra low-carb dish. Get the recipe. 29 of 93. Thai Salmon Stir-Fry. Use a meaty salmon as a healthier choice for this standard Thai stir-fry with Asian flavors like lime, coconut, and curry. Regular rice tends to be high in carbs, so use a low-carb version, such as wild rice, or cauliflower rice. Get the recipe. 30 of 93.